



From Pause to Action

Date:

My Title:



Pause:

How am I experiencing
my Pause moments in
this part of my life?

My card:

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Focus:

What do I want to focus
my energy on now?

My card:

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MyPhoto



Expand:

How am I expanding
myself right now?

My card:

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Doing:

What am I doing to put
my insights into action?

My card:

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