

Zooming In



[1]

What is the half-full cup in my life?

My card:

My card:

[2] >>

What is the half-empty cup in my life?

My card:

[3] >>

What should I invite into my life at this time?

What Do I Take with Me from My Zooming In?

Focus

What are the insights that I'm taking with me from this process?

- 1.
 - 2.
 - 3.
-
-

What is the most meaningful one for me right now?

.....

.....

Doing

How will I express my insight in my life in a practical way?

Action to be completed in the next 24 hours

.....

.....

Action to be completed in the next week

.....

.....

Action to be completed in the next month

.....

.....