



# What Do I Take with Me from the Hello Points Workshop?

## Focus

What are the insights that I'm taking with me from this workshop?

1. ....
  2. ....
  3. ....
- .....
- .....

What is the most meaningful one for me right now?

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## Doing

How will I express my insight in my life in a practical way?

Action to be completed in the next 24 hours

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Action to be completed in the next week

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Action to be completed in the next month

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